

## Calendar of Events

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March 10, 2020

### **Mental Health in Our Community**

**510 Johnny's  
510 Marketplace Drive  
Bel Air, MD 21014  
11:30am - 1:30pm**

#### *Mental Health in Our Community*

*Speaker Pam Llewellyn from the Kelin Family Harford Crisis Center will speak to us about Mental Health in our Community.*

*Pam Llewellyn is the Outpatient Behavioral Health Regional Director at UM Upper Chesapeake Health and the Director of the Klein Family Harford Crisis Center. She received her undergraduate degree in sociology and clinical social work from Frostburg State University and a graduate degree in clinical social work from University of Maryland. Pam went on to earn her MBA from Walden University and is a registered clinical supervisor through the Maryland Board of Social Work Examiners.*

*Since joining UM Upper Chesapeake Health in 2011, she has had many roles including launching the health system's Intensive Outpatient Program and managing all behavioral health outpatient services, inpatient social work and, most recently, Crisis Center services. Her proven track record continues to ensure quality outcomes, a strong commitment to the highest standard of care and compassion for all patients.*

April 14, 2020

### **Empowering Girls to Lead - April's Networking Event**

**Water's Edge Events Center  
4687 Millenium Drive  
Belcamp, MD 21017  
8am to 10am**

*Empowering Girls to Lead - April's Breakfast Meeting*

**DATE:** April 14, 2020

**TIME:** 8am to 10am

**SPEAKER:** Violet Apple, CEO of the Girls Scouts of Central Maryland

**SPONSOR:** Stacy Andon, Transformational Life & Biz Coach

May 12, 2020

**Overcoming Body Image Issues**

**Maryland Golf and Country Club**

**1335 E. Macphail Road**

**Bel Air, MD 21015**

11:30am - 1:30pm

*Overcoming Body Image Issues*

*Speaker: Gabrielle Kerby, Reigning Miss Maryland Collegiate, USA*

*Maryland Golf and County Club*

*11:30am to 1:30 pm*

*May 12, 2020*

*Sponsor:*

*Peggy Burkehardt*

*PNC Bank, AVP Branch Manager II*

*\$25 Members/ \$35 Guests*

*\$10 Walk-in fee (subject to availability)*